

PROTECT AND PREVENT

Zika Virus Infection

- Use EPA-registered insect repellents
For children 2 months old and older use products with 10%-30% DEET
For children 3 years old and older oil of lemon eucalyptus may be used

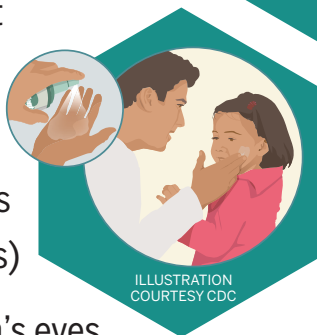
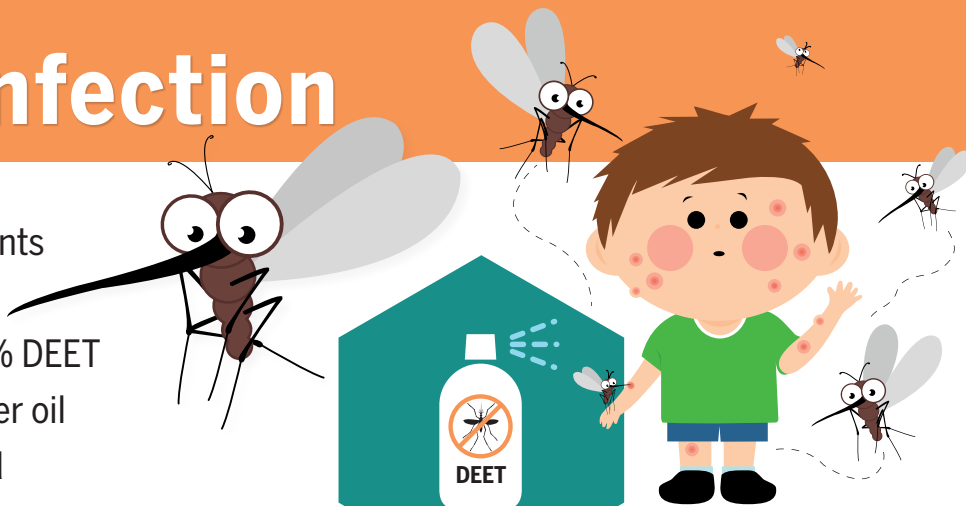
- Apply sunscreen first, then insect repellent (mosquitoes that spread Zika bite mostly during the daytime)

- Dress in light-weight clothing to cover arms and legs (avoid bright colors, flowery prints)

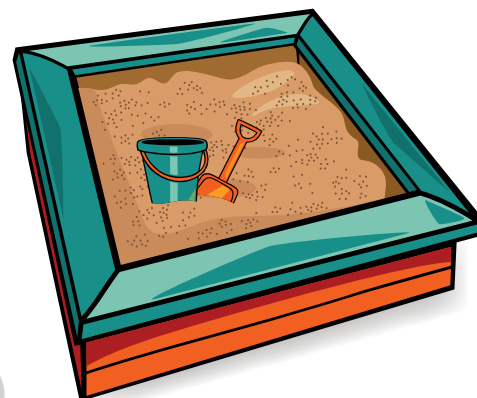
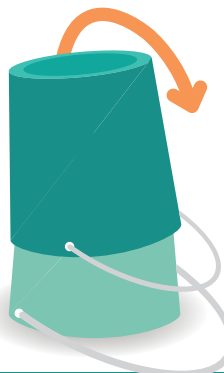
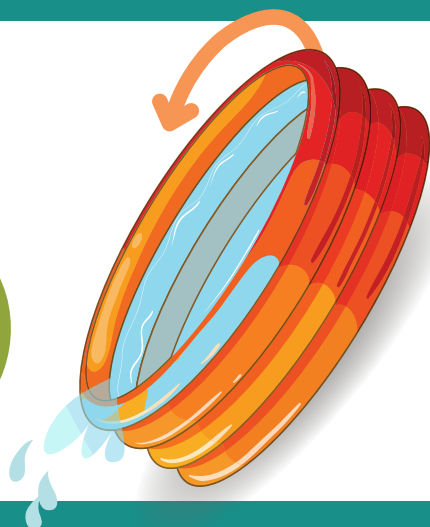
- **DO NOT** apply insect repellents to children's eyes, mouth, hands or irritated skin
Adults: spray insect repellent on your hands then apply to child's face and top of head

- **DO NOT** apply insect repellent to skin under clothing

- Cover strollers, baby carriages, and car seats with mosquito netting



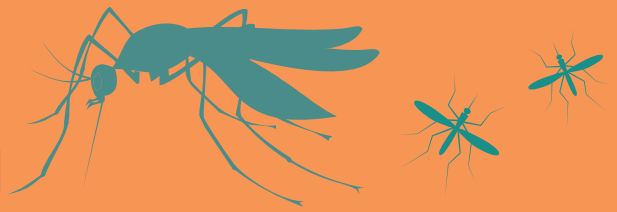
TIP 'N TOSS TO ELIMINATE STANDING WATER



Find out what it takes to stop Zika
Please visit dph.georgia.gov/zika



PROTECT AND PREVENT ZIKA Virus Infection



- **No vaccine** to prevent Zika

- **No medicine** to treat Zika

- Zika can be spread through **mosquito bites** and through **unprotected sex**

- Zika is linked to **serious birth defects**

PREVENT ZIKA INFECTION DURING PREGNANCY

- Use condoms for all sexual activity if partner may have or had Zika
- OR—
- Don't have sex during pregnancy if partner may have or had Zika

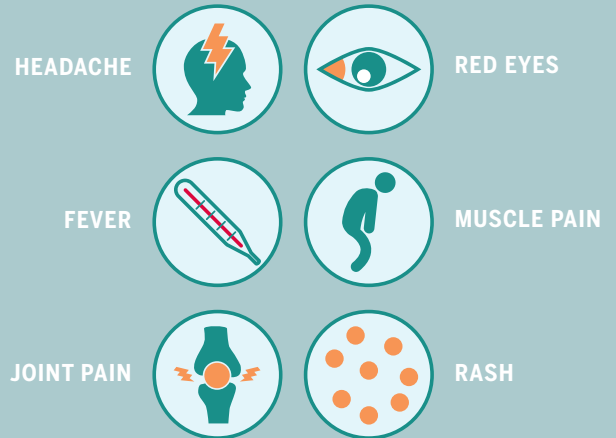
THINKING ABOUT PREGNANCY?

- Talk to your doctor or healthcare provider about the risks of Zika during pregnancy

BREASTFEEDING

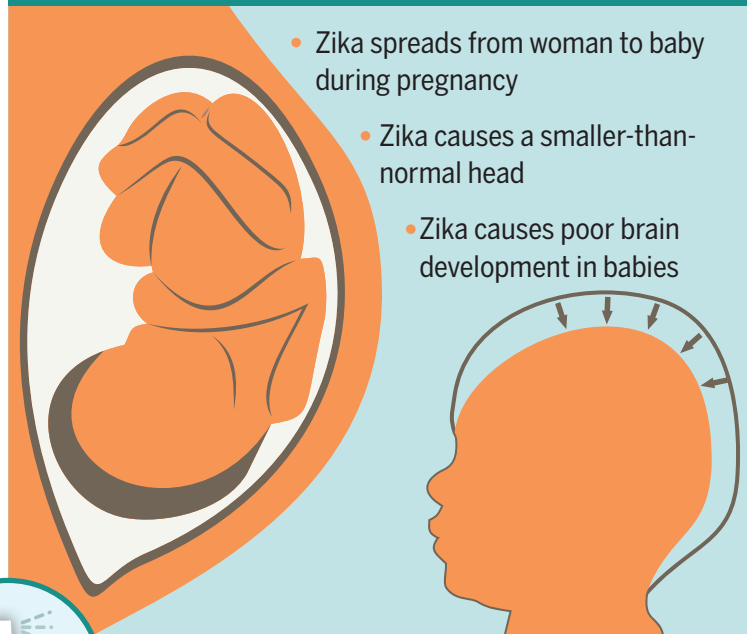
- There are no reports of infants being infected with Zika through breastfeeding

ZIKA VIRUS SYMPTOMS



MICROCEPHALY

- Zika spreads from woman to baby during pregnancy
- Zika causes a smaller-than-normal head
- Zika causes poor brain development in babies



PROTECT AGAINST



MOSQUITO BITES

- Use EPA-registered insect repellents containing **20%-30% DEET** (follow label directions)
- Used properly, EPA-registered insect repellents are **safe for pregnant and breastfeeding women**

- Dress in light-weight clothing to cover arms and legs (no bright colors, flowery prints)
- **Tip 'n Toss:** eliminate standing water around your home and yard

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