

2016 Breastfeeding Lesson Plan Calendar

January: Overcoming Difficulties in Breastfeeding	July: Myths and Facts of Breastfeeding
February: Empowering BF in the Hospital and Beyond	August: Overcoming Difficulties in BF
March: Importance of Exclusive Breastfeeding	September: Breastfeeding Benefits Box
April: Myths and Facts of Breastfeeding	October: Importance of Exclusive Breastfeeding
May: Understanding Feeding Cues	November: Empowering BF in the Hospital and Beyond
June: Breastfeeding Benefits Box	December: Breastfeeding: The Gift that Keeps on Giving